



HINCKLEY BID'S  
ANNUAL  
**PANCAKE**  
**RACE**  
— 2022 —

**FREE  
TO ENTER  
& WATCH**

SHROVE TUESDAY  
**1 MARCH 2022**  
STARTS 12.00 NOON PROMPT

Join in the fun or come and support! Pancake Races will start near Clarks on Castle Street, up to the Britannia Centre.

It's **FREE TO ENTER** and there's no age restriction  
Trophies will be awarded for the winner in each category  
Fancy dress optional (Award for Funniest Costume)

**EVERY ENTRANT WILL RECEIVE A NECK MEDAL**

To enter please fill in the form on the back of this leaflet!

visit [hinckleybid.co.uk](http://hinckleybid.co.uk) call **01455 698494**



# BOOK YOUR ENTRY BELOW

Book your **FREE** entry now for **HINCKLEY BID'S ANNUAL PANCAKE RACE** to be held on Shrove Tuesday **1 March**, starting at **12.00 noon** near **Clarks on Castle Street**. **Yes!** I have a frying pan and want to demonstrate my pancake flipping skills!

Individual: Name of Entrant  
OR Team: Name of Team

No. in Team

Address

Postcode

Telephone

E-mail

Age bracket (please tick)

JUNIOR  
5-12

SENIOR

## Rules and Regulations

This is a fun, free of charge event for all – therefore the rules and regulations have been kept deliberately short. The course will consist of a start line near Clarks, a number of marker posts going up Castle Street, and a finish line near the Britannia Centre.

**Rule 1:** When each contestant reaches a marker, he/she must stop and successfully flip and recover their pancake in their frying pan before carrying on. Should he/she drop their pancake, they must go back 1 marker post and start that section again. The first contestant in each race to reach the finishing line without dropping their pancake – and who in the judges opinion has flipped it properly each time they reach a 'flipping' marker – will be declared the winner of that heat.

**Rule 2:** Nobody, including another race member, is allowed to interfere with any contestant.

**Rule 3:** If a pancake falls onto the ground, or is caught in any manner other than by the contestant's frying pan, this will be deemed an unsuccessful flip, and the contestant will have to go back 1 marker and recommence that part of the race. If a pancake should become so badly damaged that it no longer resembles a single pancake, the contestant may go back to the start, load a second pancake and start the whole race again. No more than 2 pancakes will be issued to any contestant.

**Rule 4:** All pancakes will be of uniform weight and will be supplied by the organisers at the start of each race.

**Rule 5:** The judges decision is final.

I confirm that I/we have read the rules and regulations set out above and would like to take part. I/we agree that I/we will be responsible for wearing appropriate clothing and footwear, and that through this entry I/we take full responsibility for my/our own safety and the safety of those around me.

I am over 18, or the Parent/Guardian of the person named above (PLEASE DELETE AS NECESSARY). I/we agree that I/we will bring my/our own frying pan(s), and this must be no larger than 30 cms/12 inches internal diameter.

Signed

Name  
(please print)

Please return to: **Hinckley BID, 76 Castle Street, Hinckley LE10 1DD**  
or e-mail to: **info@hinckleybid.co.uk**

You will receive an entry acknowledgement. For further information call **01455 698494**